



## February Events 2010

Wednesday 10th : Film Night in  
Weir House Drawing Room from  
5.00 pm until 7.00 pm

“Frank Sinatra in Concert”

Refreshments will be served

Monday 15th : Valentine's Day  
Parties

Tuesday 16th : Shrove Tuesday ---  
Pancakes

Thursday 18th : French Themed  
Afternoon with Cheryl in the  
Conservatory

Wednesday 24th : Outing to The  
Flower Pot for lunch

Friday 26th : Flower arranging



## Morning Clubs

Tuesday : Book Club in Montford Lounge

Thursday : “Train your Brain” in the  
Conservatory Dining Area

Friday : “Keep Fit” in the Conservatory  
Dining Area

## Afternoon Clubs in the Norman Sitting Room

Monday : Arts and Craft

Tuesday : Reminiscence

Wednesday : Gentle Exercise

Thursday : Knitting & Sewing

Friday : Card Games

## Sensory Activities

Every afternoon in Montford Lounge (except  
Wednesday)

## Conservatory & Weir House Drawing Room

Newspapers, magazines, books & assorted games  
every morning

Different activities each afternoon (see weekly lists)

with cooking weekly and flower arranging monthly